



Find out why more people are choosing Bupa.

We're your health and care partner that provides great value health cover plus wellness services to help you and your family, achieve your health and wellbeing goals.

As an employee of AAOA you can look forward to:

- **You will receive an ongoing new member offer - 6 weeks free** equivalent of 11.5% in Yr1 **when you join Bupa on an eligible cover***
- **Benefit Bonus** -. Your **YR 1 benefits** will increase by 2% each year up to a maximum of 10% To benefit, simply take out Platinum, Gold or Silver Extras cover (annual maximums apply).
- **Life Skills 3 programs include** – Introduction to stress and resilience, Work-life balance and Positive parenting available to all employees under the corporate plan.
- **Complimentary access to 'After Hours Plus'** from **National Home Doctor Service**. This means when you book an after hours, bulk-billed doctor home visit, the doctor may prescribe common medications, on the spot, **at no charge to you**. Visit www.bupa.com.au/afterhoursplus For more information as well as coverage areas.
- **Gap free:** Bupa will cover the cost of Dental and Physio for dependent children until they turn 25 at a [Members First Provider](#). This includes no out of pocket costs on general dental services like check-ups, teeth cleaning, fillings, x-rays and more. Learn more
- **Living Well Program:** access to practical support to improve a health condition, including Nicotine Replacement Therapy, Weight Management Programs, Gym Memberships and Yoga and Pilates courses, where [medically necessary](#) and confirmed by a doctor.
- **Free and ongoing access to Bupa [Life Skills](#)**, this module-based program offers a combination of online learning with solutions that help explore what it means to be emotionally healthy and well today.
- **Discounts on Pet, Home & Contents, Car and Travel Insurance:** 15% off travel insurance premiums and 10% off all other premiums. [Find out more](#)
- **Member exclusives** Keep your mind and body active with some great [member discounts](#) on things like gym memberships, movie vouchers and theme park entry. For more information Visit:
- **Access to the Foodswitch app**, you can scan the barcode of any food item whilst shopping and the app will suggest a healthier option. [Download it today](#).
- **20% off memberships at Goodlife Gyms:** depending on your cover, members may also claim from \$50 up to \$300 off their gym membership under Bupa's [Living Well programs](#).
- **20% off Garmin Vivo activity trackers** though the [member discounts](#) program.

Our Bupa consultants are here to help, if you would like to know more about the plan, please contact us using one of the methods below:

- ✓ Call **134 135** and quote ID# **2108131** or [click here](#) to request a call back
- ✓ [Click here](#) to view your offer online Logon: **AAA** Password: **health**
- ✓ Email us at CorporateCallback@bupa.com.au
- ✓ Drop by any of our [Bupa Centre's](#)

If you already have Bupa and you'd just like to know more about finding a healthier you, visit [The Blue Room](#). Whether you're raising a family, trying to improve your health and wellbeing, caring for an ageing loved one, or living with a health condition, the Blue room has advice and information you can trust, and real stories to help inspire you to live a longer, healthier, happier life.

*Discount is reviewed periodically by Bupa and your Company and is subject to change. Must pay by direct debit or payroll deduction (if available)